

RHONDA "RIDGEHAND" ALEXANDER

RRKC
(Rhonda "Ridgehand" Karate Circuit)

32st ANNUAL



KARATE CHAMPIONSHIP

April 1, 2017 - TIME: 9:00 A.M.

BREMEN SPORTS & SENIOR COMPLEX

417 Pine Street, Bremen, Ga. 30110

Phone: 678-232-1672



www.wendyalex5565@yahoo.com

www.rhondaridgehandkarate.com



Saturday

Spectators: \$10.00

Competitors: \$45.00 1st event (Open to all styles)

Pre-Register - Save Money

Your registration form must be postmarked by **March 27, 2017**

\$35.00 for one event - \$5. for each additional

FIGHTING() FORMS() WEAPONS() MUSICALS() BREAKING() Continuous Fighting()

Circle One: White/Yellow Green/Blue Red/Brown Black Belt

Name: _____ Age: _____ Birthday: _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Your Karate School: _____ Karate School Address: _____
 City: _____ State: _____ Zip: _____

WAIVER AND RELEASE OF LIABILITY

In consideration of the promoters' permission and acceptance granted to the competitors to participate in this event, I hereby assume all risks arising from said tournament and hereby release the director of this event, The owner, Rhonda "Ridgehand" Alexander, Agent, Employees, Mt. Zion School System and volunteer workers' any demands that I, my heirs, executors, administrators, and assigns may have against all parties, for all personal injuries known or unknown which the competitor may incur in this event.

I understand that Karate competition involves significant and substantial physical contact between participants and the competitor may receive injuries as a result. I have read and understand this release and understand and agree to all of its terms.

I agree to the rules of the event and will make myself knowledgeable of NASKA rules for karate competition and agree to abide by said rules.

Signature of the competitor _____ Date _____

Parent or Guardian if under 18 _____ Date _____

Email _____

Send Pre-Registration To: Rhonda Alexander, P.O. Box 395 Bremen Ga. 30110

Grand Champion Children's Division Total Points)	Grand Champion Adult Underbelt divisions (Total Points)
Men's Black Belt Super Lt. Wt. Men's Black Belt Lt. Wt. Men's Black Belt Mid Wt.	Women's Black Belt Exec. Lt. Wt. Women's Black Belt Exec. Hwy. Wt.
Men's Black Belt Lt. Hwy. Wt. Men's Black Belt Hwy. Wt.	Women's Black Belt Forms Open Women's Black Belt Forms Trad. Women's Black Belt Weapons Women's Exec. Black Belt Forms
Executive Black Belt Lt. Wt. Executive Black Belt Hwy. Wt.	Men's Black Belt Forms Open Men's Black Belt Forms Traditional Men's Executive Black Belt Forms Black Belt Weapons Black Belt Soft Style
Senior Black Belt Lt. Wt. Senior Black Belt Hwy. Wt.	
Women's Black Belt Lt. Wt. Women's Black Belt Hwy. Wt.	
Youth Black Belt _____ Grand champion 17 & Under - Underbelt _____ Grand champion Women Underbelt _____ Grand champion Men Underbelt _____ Grand champion	

Using your GPS/Navigation System

Enter "Pine Street, Bremen, GA" into your GPS/Navigation System; "not" our physical address, as it will not recognize our physical address. The directions your GPS/Navigation System gives you after entering "Pine Street, Bremen, GA" will bring you directly into our park. Pine Street is approximately 200 yards long, running directly into our park.

Directions to Bremen Sports Complex

1-20 WEST: take exit 11 turn right, at the first red light turn right. Go approximately 2 miles, then at the red light turn right (Hwy. 78.) Go approximately 1/2 mile turn left (at the underpass), turn at the first road on right. Follow signs.
 ROME: Take Hwy. 27 South to Hwy. 78. Take 78 East, go approximately 2-1/2 miles turn left (at the underpass), turn first road on right, follow signs.

Grand Championship Fighting Men Executive

-New Division - Specialty Division -Continuance Fighting -

Grand Championship Youth Black Belt Kata

Grand Championship Fighting Women



Grand Championship Men 18+ Sparring

Grand Championship Adult Kata

New Division Lil' Dragon 5 yrs & under Boys & Girl's

<p>ADVISORS: Rhonda Alexander, Sterling Moore, Tony Young, Roger Chatham, Charles Calhoun, Ron Street, Gerid Bush, Debbie Wolfenberger, Ralph "Hurricane" Carter, Dwight McKnight, Malik Alexander, Perry Huggins, Debbie Williams, Marcel Lazenby, Anthony "Suprioc" Cromer, Ebony Loflin, and Lilton Baker</p>	<p>RING COORDINATORS: Charles Fears, Larry and Billy Robinson, Keith Chatham, Clarence Reeve, Bai Hines, Larry Ween, Larry Hines, Rodney Leonard, Ricky Murray, Durk Bryant, Malik Alexander, Carrell Smith, Chris Maxwell, Billy D. David Burgess, Arthur Ferguson, Mr. and Mrs. Ronald Frazier Sr., Paula and Danny Henry, Al-Qawi Alexander, and Jeremiah McMichael.</p>
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Four or more competitors have to be in your division in order to compete for money in Grand Champions

RHONDA "RIDGEHAND" ALEXANDER'S

32nd Annual Karate Championship - Open to all styles

REGISTRATION : 8:00 a.m. until start of your division
\$5.00 late charge after 10.00 a.m.

BLACK BELT MEETING : 8:30 a.m. SHARP

ENTRY FEE: Pre-Registered \$35.00 one event \$5. each exte event
At the door \$45.00 one even \$10. each exte even

SPECTATORS: \$10.00

No Checks Will Be Accepted On The Day Of The Event

Light contact rules will be strictly enforced. Illegal targets are throat, back of neck, joints, all areas below the belt. All matches 2 minutes of 5 points. Soft type safety mandtory in ll divisions. Fill uniforms must be worn (no T-shirts please). Groin cups ad in all male fighting divisions. Mouthpieces strongly recommended. Fighting ns will be required to wear headgear. (Headgear will be available if needed).

AWARDS: First through Third Place in all Divisions

BUSINESS MANAGER: Rhonda Alexander

TOURNAMENT COORDINATOR: Edward Hogan

TOURNAMENT PROMOTER: Rhonda Alexander
P.O. Box 395
Bremen, Ga. 30110
878-232-1672

HOTEL ACCOMMODATIONS: Travelodge Hampton Inn

SCHEDULE OF EVENTS

Registration begins at..... 8:00 a.m.
Weapons..... 9:00 a.m.
Classes 3 - 5 Divisions..... After Weapons

DIVISIONS

— Over 150 Divisions —

J.R. UNDERBELT DIVISION

Jr Underbelt Weapons
9 yrs. & Under Beginner
9 yrs. & Under Intermediate
9 yrs. & Under Advanced
10 - 13 yrs. Beginner
10 - 13 yrs. Intermediate
10 - 13 yrs. Advanced
14 - 17 yrs. Beginner
14 - 17 yrs. Intermediate
14 - 17 yrs. Advanced

Jr Underbelt Forms
5 yrs. & Under Beginner
5 yrs. & Under Intermediate
6 yrs. Beginner
6 yrs. Intermediate
6 yrs. Advanced
7 yrs. Beginner
7 yrs. Intermediate
7 yrs. Advanced
8 yrs. Beginner
8 yrs. Intermediate
8 yrs. Advanced
9 yrs. Beginner
9 yrs. Intermediate
9 yrs. Advanced
10 - 11 yrs. Beginner
10 - 11 yrs. Intermediate
10 - 11 yrs. Advanced
12 - 13 yrs. Beginner
12 - 13 yrs. Intermediate
14 - 15 yrs. Beginner
14 - 15 yrs. Intermediate
14 - 15 yrs. Advanced

Jr Underbelt Fighting
5 yrs. & Under Beginner B/G
5 yrs. & Under Intermediate B/G
6 yrs. Beginner B/G
6 yrs. Intermediate B/G
6 yrs. Advanced B/G
7 yrs. Beginner B/G
7 yrs. Intermediate B/G
7 yrs. Advanced B/G
8 yrs. Beginner Boys
8 yrs. Intermediate Boys
8 yrs. Advanced Boys
8 - 9 yrs. Beginner Girls
8 - 9 yrs. Intermediate Girls
8 - 9 yrs. Advanced Girls
9 yrs. Beginner Boys
9 yrs. Intermediate Boys
9 yrs. Advanced Boys
10 - 11 yrs. Beginner Boys
10 - 11 yrs. Intermediate Boys
10 - 11 yrs. Advanced Boys

10 - 11 yrs. Beginner Girls
10 - 11 yrs. Intermediate Girls
10 - 11 yrs. Advanced Girls
12 - 13 yrs. Beginner Boys
12 - 13 yrs. Intermediate Boys
12 - 13 yrs. Advanced Boys
12 - 13 yrs. Beginner Girls
12 - 13 yrs. Intermediate Girls
12 - 13 yrs. Advanced Girls
14 - 15 yrs. Beginner Boys
14 - 15 yrs. Intermediate Boys
14 - 15 yrs. Advanced Boys
14 - 15 yrs. Beginner Girls
14 - 15 yrs. Intermediate Girls
14 - 15 yrs. Advanced Girls
16 - 17 yrs. Beginner Boys
16 - 17 yrs. Intermediate Boys
16 - 17 yrs. Advanced Boys
16 - 17 yrs. Beginner Girls
16 - 17 yrs. Intermediate Girls
16 - 17 yrs. Advanced Girls

ADULT UNDERBELT DIVISIONS

Adult Underbelt Weapons
18 - 29 yrs. Beginner Men/Women
18 - 29 yrs. Intermediate Men/Women
18 - 29 yrs. Advanced Men/Women
30 - 39 yrs. Beginner Men/Women
30 - 39 yrs. Intermediate Men/Women
30 - 39 yrs. Advanced Men/Women
40 yrs. & Over All Ranks Men/Women

Adult Underbelt Forms
18 - 29 yrs. Beginner Men
18 - 29 yrs. Intermediate Men
18 - 29 yrs. Advanced Men
18 - 29 yrs. Beginner Women
18 - 29 yrs. Intermediate Women
18 - 29 yrs. Advanced Women
30 - 39 yrs. Beginner Men
30 - 39 yrs. Intermediate Men
30 - 39 yrs. Advanced Men
30 - 39 yrs. Beginner Women
30 - 39 yrs. Intermediate Women
30 - 39 yrs. Advanced Women
40 yrs. & Over Beginner Men
40 yrs. & Over Advanced Men
40 yrs. & Over Beginner Women
40 yrs. & Over Advanced Women

Adult Underbelt Fighting
18 - 29 yrs. Beginner Men Lightweight
18 - 29 yrs. Beginner Men Heavyweight
18 - 29 yrs. Intermediate Men Lightweight
18 - 29 yrs. Intermediate Men Heavyweight
18 - 29 yrs. Advanced Men Lightweight
18 - 29 yrs. Advanced Men Heavyweight
18 - 29 yrs. Beginner Women
18 - 29 yrs. Intermediate Women
18 - 29 yrs. Advanced Women
30 - 39 yrs. Beginner Men
30 - 39 yrs. Beginner Women

30 - 39 yrs. Intermediate Men
30 - 39 yrs. Advanced Men
30 - 39 yrs. Beginner Women
30 - 39 yrs. Intermediate Women
30 - 39 yrs. Advanced Women
40 yrs. & Over Beginner Men
40 yrs. & Over Beginner Women
40 yrs. & Over Advanced Men
40 yrs. & Over Advanced Women

YOUTH BLACK BELT DIVISIONS

Youth Black Belt Weapons
13 yrs. & Under B/G
14 - 17 yrs. B/G
Youth Black Belt Forms
9 yrs. & Under B/G
10 - 11 yrs. B/G
12 - 13 yrs. B/G
14 - 15 yrs. B/G
16 - 17 yrs. B/G
Youth Black Belt Fighting
9 yrs. & Under B/G
10 - 11 yrs. B/G
12 - 13 yrs. B/G
14 - 15 yrs. B/G
16 - 17 yrs. B/G

ADULT BLACK BELT DIVISIONS

Adult Black Belt Weapons
18 - 29 yrs. Men
18 - 29 yrs. Women
30 - 39 yrs. Men/Women
40 - 49 yrs. Men/Women
50 yrs. & Over Men/Women
Adult Black Belt Forms
18 - 29 yrs. Men
18 - 29 yrs. Women
18 yrs. & Over Open Men/Women
(music, no weapons)
30 - 39 yrs. Men
30 - 39 yrs. Women
40 - 49 yrs. Men/Women
50 yrs. & Over Men/Women
All Age Group for Kung-Fu
Adult Black Belt Fighting
18 - 29 yrs. Men Lightweight (164 lbs. & Under)
18 - 29 yrs. Men Middleweight (165 - 185 lbs.)
18 - 29 yrs. Men Heavyweight (181 lbs. & Over)
18 - 29 yrs. Women
30 - 39 yrs. Men Lightweight (179 lbs. & Under)
30 - 39 yrs. Men Heavyweight (180 lbs. & Over)
30 - 39 yrs. Women
40 - 49 yrs. Men (All Weights)
40 & Over Women (All Weights)
50 & Over Men (All Weights)

All Competitors Can Only Compete in 1 Weapons, 1 Form, 1 Sparring Division.